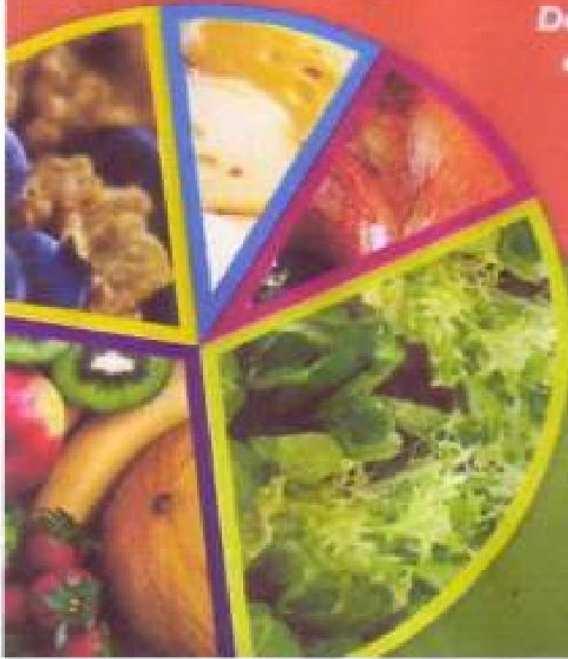


# Health talk and introduction to juicing

Do you know what is in your food? Learn about fruit, vegetables and how to read labels.



Chris and Barbara Cowley

079-86340719 and  
barbara.cowley@gmail.com